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FOR IMMEDIATE RELEASE

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HEALTH DEPARTMENT TO PARTICIPATE IN WALK TO SCHOOL WEEK

BELLE GLADE, FL—National Walk to School Week is October 4-8, 2004 and this year the Palm Beach County Health Department along with the Safe Kids Coalition are sponsoring Gove Elementary, October 7, 2004.

Walk to School Day occurs every October as a way to remind parents and children of the joy walking to school can be. Health Educator Erica Whitfield of the Palm Beach County Health Department said, "In many areas the car or school bus has replaced walking to the community school. There are many great health benefits derived from walking and we hope more children will take advantage of the supervised walking activities during walk to school day."

Beginning at 6:30 AM easily identifiable volunteers from the community will be placed in various neighborhoods near Gove Elementary. As the students walk the volunteers will help direct them and offer activities that will make the walk pleasurable, safe and fun.

Safe Kids is also sponsoring walks on October 6, 2004 at Plumosa Elementary, Delray Beach and Boca Elementary, Boca Raton and October 8, at Jerry Thomas Elementary, Jupiter and Lantana Elementary, Lantana.

To volunteer or for further information call the Health Education at the Health Department, 561-540-1300.

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