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HEALTH DEPARTMENT TO RECOGNIZE WOMAN'S HEALTH WEEK

PALM BEACH COUNTY—Mother's Day, May 13, marks the beginning of National Women's Health Week and the Palm Beach County Health Department will be working to improve the health and well-being of women across the county.

"I believe that women can improve their health by taking just a few simple steps like evaluating their nutrition, learning about their risk factors and taking preventive actions," said Health Department Director Jean M. Malecki, MD.

Malecki has asked all nutritionists, doctors, nurses and other staff of the Health Department to be available to answer questions women may have regarding their health not only during women's health week but throughout the year.

On May 17 from 1:00 PM to 6:00 PM the Health Department's C.L. Brumback Health Center, 38754 State Road 80, Belle Glade will be hosting Women's Health Day. Numerous activities are planned including, screenings for breast and cervical cancer, diabetes, hypertension, glucose, STD's, depression, oral health, immunizations, and HIV. Other activities will include seminars on nutrition and physical health. Community representatives from Legal Aide, housing, health insurance, credit counseling, parenting, medication assistance and other organizations will also be available to discuss issues that affect women's health.

National Women's Health Week began eight years ago to bring attention to the broad range of physical, social and economic issues faced by women. Information can be obtained by calling the health department at 561-840-4500 or by visiting the web at www.pbchd.com, www.womenshealth.gov/whw.



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